

# ST. LOUIS SOCIETY SOURCE

## MARCH



A monthly publication of the *St. Louis Society*. The Source is partially funded by the St. Louis Office for MR/DD Resources, The Productive Living Board of St. Louis County & the United Way of Greater St. Louis. For further information or questions, please contact us at (314) 989-1188.

Welcome to “**The Source!**” Whether you are new to the St. Louis Society or already an active participant, we look forward to seeing you at an event soon! “**The Source**” provides information *monthly* for *Out & About* and *quarterly* for *Recreation Calendar* programs. If you know someone who would like to receive “**The Source**,” please contact us.

**General Number is 314-989-1188**

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### **What Is Out & About?**

Out & About is a **socialization, vocational training, and recreation program**. This program is for adult residents from both St. Louis City and St. Louis County. The purpose of the program is to assist adults (age 18 and older) with physical and developmental disabilities to *plan and participate* in events within their community. Participants have the chance to develop their lives in the areas of socialization, accessing the community, vocational training, and advocacy as it pertains to recreation and accessing public transportation.

### **Funding Board Information:**

**Productive Living Board of St. Louis County Board meeting:** Monday, March 8<sup>th</sup> @ 7pm

**St. Louis Office for Developmental Disabilities Resources meeting:** Thursday, March 11<sup>th</sup> @ 11:30am

If you are interested in attending meetings, please call the PLB at (314) 726-2606, Ext.2, or the St. Louis Office for Developmental Disabilities Resources at 421-0090.

# Annual Survey Form for 2010

Enclosed is the 2010 Annual Survey Form. This feedback is vital for the St. Louis Society to better serve the participants of Out & About by understanding your needs and concerns. Please have it completed and returned by **Thursday April 1**.

## Consent Waiver Forms for 2010

All Out & About participants should have already received the 2010 Consent Waiver form with the January Source. If you have not already done so, please complete the form and have it signed by your guardian, if you are not your own, by **Monday March 1, 2010**. If you need help filling out this form, please contact a member of Out and About. **After March 1, those participants who do not have an updated Consent Waiver will be unable to attend Out & About programs.** Thank you.

## MetDESK

The St. Louis MetDESK team, MetLife Center for Special Needs Planning<sup>SM</sup>, is dedicated to serving families with dependents of any age from infant to seniors who have disabilities.

Their mission is to help families plan for the future of their dependents with special needs, including preserving government benefits and providing insurance and other financial solutions which can help provide lifetime quality care. The planning process begins with a complete review of your dependent's needs, future care plans, assessment of government benefit eligibility, and finally a review of your family's current financial and legal plans. Critical areas that must be addressed are:

1. Government benefit eligibility requirements for Supplemental Security Income SSI and Medicaid
2. Types of special needs trusts and knowing which are right for you
3. Guardianship, conservatorship and client self-determination and empowerment issues
4. Appropriate funding vehicles -- including life insurance, to help guarantee your child's future quality of life.

For more information please call **636-736-3319** or visit their Webpage at [www.jtgentry.metlife.com](http://www.jtgentry.metlife.com)

## Out and About Socials: March 2010

Attending an Out & About Social is an opportunity to make new friends, gain new experiences and get ideas for other events. Costs listed are only **estimates** and automatically **include** the price of Society transportation. **As an attempt to better serve you and increase the chances of attending Socials of your choice, Out & About members may NOW sign up for three (3) socials per month.** Participants must still keep in mind the number of vouchers they may use per quarter. **Sign-up begins on Friday February 12 at 9am**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Men's Billikens Game \$30 6:30-10pm	4 Bowling & lunch @ Lakeside Lanes \$20 12-3:30pm	5 Shopping & Lunch @ StL Mills & Steak'n Shake \$15 12-3:30pm	6
7	8	9	10 Lunch & Movie @ StL Mills \$25 11:30-3:30pm	11 *Comedy Video Night & Pizza @ Society \$10 5-8:30pm	12 Trivia Night Benefitting Equine- Assisted Therapy \$31 6:30-10:30	13
14	15 St. Louis Symphony @ McKendree University \$6 6:45-10:15	16	17	18 St. Patricks Day Celebration @ Society \$15 5-8:30pm	19 Dinner & Live Music @ Trainwreck Saloon \$25 7:30-11pm	20 Cardinal Red Social Dance 6:45-10pm \$11
21 Moolah Shrine Circus \$30 12:30- 4:30pm	22	23 Accessible Ice Skating & lunch @ Brentwood Community Center & Applegates \$20 10:45-2pm	24 Scrapbooking \$15 1-4:30pm	25 Dinner & Movie @ McAllisters & West Olive 16 \$25 5:30-9:30pm	26	27
28 * The Fantasticks @ Loretto- Hilton Center \$24	29 The Pinnacle Casino \$25 + gambling 6-9:30pm	30 America's Incredible Pizza Co \$30 5-9pm	31			

\* Come enjoy Mystery Science Theatre 3000 and Conan O'Brian skits.

\* Honored with a Tony Award, *The Fantasticks* appears in the *Guinness Book of Records* as the world's Longest running musical.

# Transportation News

For years many of you have relied on Call A Ride to get you out and about in the community, why not? Call A Ride was affordable and there were plenty of Call A Ride routes. However, as you know things have changed. Please don't let the higher cost of Call A Ride and/or the elimination of some Call A Ride routes make you think that you can't get out. YOU CAN AND YOU MUST!

Please call Asa Pierce, Transportation Coordinator, at 314-989-1188 ext. 13 to receive free training sessions on how to take bus transportation as well as Metrolink.

**For Transportation Emergency, Last Minute Cancellation, or to Report a Late Pick-up:** Please call Asa Pierce, Transportation Coordinator, immediately by cell phone at 803-2270.

**To Cancel Transportation more than 24 Hours in Advance**

Please call the Transportation Hotline: 989-1188, Ext. 13.

**Participant Cancellation Policy**

No participant can be added to the transportation list, for a program, in less than 7 days of that program. A participant may cancel a program up to 7 days before a scheduled program, without any consequences. (Participants are **always** responsible for the cost of any tickets, no matter what the reason.)

**Consequences of Cancellation:**

- Participant is still responsible for the full cost of the ticket/admission (if applicable to the event).
- The **first two (2) cancellations** will also result in a **“Warning.”**
- The **third cancellation**, within a 3-month period, will result in “Suspension” from ALL Society programs for two (2) months.



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